



Waldorf Homeschool



The **Step-by-Step Course** to Understanding & Creating a Waldorf-Inspired Homeschool

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HOW TO CELEBRATE A FESTIVAL TEMPLATE

- Choose your festival, read about it , familiarize yourself with the mood of it. Is it light and joyful, solemn and reverent, busy and bright, calm and subtle?
- Experience the seasonal expression of the time of year. Go out and play with your child, notice what you feel , see, hear and smell.
- Bring some of that rich sensory experience back home with you in the form of natural objects. Stones, branches, moss acorns berries etc.
- Display these in a prominent place to be enjoyed daily.
- Choose a time to celebrate your festival , invite friends and family or keep it simple with just your family.
- Celebrate by sharing a story, song, poem or verse related to the festival.
- Make a craft related to the festival, use the craft to create an activity related to the theme.
- Share simple seasonal beautiful food.

Here is an example of autumn festival and how to celebrate it according to the template:

- Martinmas - celebrated mid autumn as the light dwindles and we move toward the darkest days of the year. The mood is one of reverence and of connecting with our own inner light.
- Cool days, wind blowing, colored leaves falling, walnuts scattered in the yard , apples falling off the trees.
- Nuts and leaves on the nature table with a little wooden fox and rabbit.
- Early Evening celebration with family.
- Tell the Story of St. Martin, sing “ this little light of mine”.
- Make lanterns with colored tissue paper, glue, and little mason jars with wire handles. Put a tea light in the lantern and walk outside at dusk each person carrying their own little light.
- Share a simple meal of soup and bread and then deliver some soup to a neighbor or friend in need of a little light in their lives!