



Waldorf Homeschool



The **Step-by-Step Course** to Understanding & Creating a Waldorf-Inspired Homeschool

by **Donna Ashton**

*Founder of The International Association of Waldorf Homeschooling*

## SAMPLE TRANSITION TEMPLATE

Getting our child to move on to the next activity can be a challenge especially when they are deep in play. Here are a few tools you can use.

### **Mealtimes:**

- \*Mealtime song or blessing
- \*Hold their hand and walk to the table
- \*Ring a soft bell
- \*Ask them to set table or carry something to table

### **One activity to another:**

- \*Sing a song
- \*Talk in pictures (“Let's drive the truck into the barn” “The clean-up fairy is here to help us pick up our toys”)

### **Dinner Prep:**

- \*Have child help if possible
- \*Have a special toy basket for that time of day
- \*Listen to them read aloud while working

### **Bedtime:**

- \*Bedtime snack (warm milk and honey toast)
- \*Limit roughhousing & stimulating activities
- \*Have them get “all ready” & in bed before the story